

2022-2023 Mentor CALENDAR

ASPIRE



Office of Student Access and Completion
Helping Oregon Students Plan and Pay for College

The digital version of this calendar has hyperlinks to some of the listed events.

NOTE: Calendar is not all-inclusive of CCR dates and deadlines across the state. Events and dates provided are a snapshot of the offerings from institutions and organizations listed prior to printing.

SEPTEMBER

FRESHMAN/SOPHOMORE

- Meet with your HS counselor to discuss career/college plans—create a your HS academic plan
- Explore career possibilities through CIS, Naviance, or CareerOneStop.org
- Get involved: Join a school activity, club, sports team
- Volunteer for something you find important
- Begin researching colleges, universities, career-technical schools and their majors or fields of training
- Learn high school courses that are required by colleges

JUNIOR

- Review courses for this year and work with HS Counselor plan academic courses for your senior year
- Review high school transcript and school's requirements: Are you on track for graduation?
- Attend college admissions visitation events at your school
- Research colleges, universities, career-technical schools and their majors or fields of training
- Explore career possibilities in CIS, Naviance, or CareerOneStop.org
- Create a professional email address to use when applying for scholarships, admissions, registering for college entrance exams and completing college applications

SENIOR

- Create a personal and professional email address to use on all college applications and scholarships
- Memorize your social security number
- Create a safe place to save your username/passwords (file, password safe app, etc.)
- SAT or ACT scores: Check your scores and see if you need to retake the tests (or take for the first time) and register
- Verify you are on track for graduation
- Prepare for the FAFSA: Get an FSA ID at fsaid.ed.gov and download the FAFSA online worksheet at fafsa.ed.gov to download the FAFSA worksheet online.
- Attend financial aid nights/workshops/events
- Attend college admissions visitation events at your school
- Research colleges, universities, career-technical schools and their fields
- Make your final list of 3-6 colleges you want to apply to, always include at least one Oregon community college
- Research min college admissions requirements for your top choice schools, review transcript to make sure you meet those requirements
- Identify and monitor college application deadlines (priority and regular deadlines)
- Complete essays for college admissions and scholarship; have your ASPIRE mentor proofread your work
- Begin submitting college applications
- Complete your Activities resume and/or "brag sheet"
- Fill out request forms for letters of recommendations to give to teachers, counselors, and/or employers. Include Activities resume/"brag sheet." Give the recommenders at least 2-4 weeks advance notice.
- Consider requesting PDF, signed copies of general letters of recommendation so you can reprint as needed
- Private colleges: Find out if they require an additional financial aid application (the CSS Profile) and if they accept the Common Application (list at CommonApp.org)
- If you've been in foster care, see if you are eligible for Chafee Education & Training Grant
- Attend an OSAC Finding Funds presentation or online webinar
- Create account in OSAC Student Portal

Additional Resources: ASPIRE Checklists and ECMC Opportunities Checklists

September 2022

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2 SAT Registration Dead- line (10/1 Test)	3
4	5 Register for Fall	6	7	8	9	10 ACT Test Date
11 - NACAC Virtual College Fair	12 Register for Fall Union Apprenticeship Conference	13	14	15	16 ACT Registration Dead- line(10/22 Test)	17 Lane CC, Success Starts on Saturday Information Day
18	19	20 - SAT Late Registration Deadline (10/1 Test) - Mentor Training Basics 7:30 PM	21	22	23 ASPIRE Fall Conference - WOU	24
25	26	27	28	29	30 - ASPIRE Fall Conference - EOU - ACT Late Registration Deadline (10/22) Test) - SWOCC Career Fair	

OCTOBER

FRESHMAN/SOPHOMORE

- Sophomores: Take PSAT, if available
- Sign up for SAT Practice Question of the Day and ACT Question of the Day (email or mobile app)
- Learn how to make the most efficient use of your time
- Develop good habits—organization, attention to detail, begin using a calendar to meet deadlines
- Engage in your classes and school community
- Attend College and Career Fairs
- Begin researching colleges, universities, career-technical schools and their majors or fields of training

JUNIOR

- Attend financial aid nights/workshops/events in preparation for your senior year—Learn the process
- Attend college and career fairs in your community
- Consider your social media footprint. Always be positive and professional when using social media. Colleges, scholarship committees, and employers often review an applicant's social media
- Sign up for SAT Practice Question of the Day and ACT Question of the Day (email or mobile app)
- Take the PSAT, if available
- Make list of careers you are interested in and research the education required for each profession
- Talk with professionals in careers you are curious about and ask about their work. You may request a formalized informational interview. Make sure you bring a list of questions

SENIOR

- Complete the FAFSA (or the ORSAA, if DACA/undocumented) Call the federal help line [1-800-433-3243] or local college financial aid office if you have questions
- Review your Student Aid Report (SAR) and make any FAFSA corrections
- Private colleges: Find out if they require an additional financial aid application (the CSS Profile) and if they accept the Common Application (list at CommonApp.org)
- It's time to get organized: Create a Google Calendar and start placing known deadlines and events on your calendar.
- Attend College Goal Oregon financial aid nights/workshops/events
- Attend college fairs and career fairs in your community
- Attend college admissions fall preview days at the schools you are interested in—If you can't get to campus consider virtual college fairs and campus tours: campustours.com, youvisit.com, ecampustours.com Use ASPIRE Campus Visit Questions resource
- Follow up with recommenders if you have not received your letter(s) of recommendation
- Finalize portfolios, audition materials or writing samples if required as part of the application
- Request unofficial and official transcripts from your high school registrar—you will need both types depending on the application. College Admissions typically wants Official transcripts, scholarships applications may only require unofficial. Have several on hand to use through fall semester as needed
- Research college application deadlines (priority and regular deadlines) - some colleges require a priority deadline to apply for their college general scholarships—don't miss out!
- Begin work on essays for college admissions and scholarship; have your ASPIRE mentor proofread your work
- Complete and submit college admissions applications
- Continue to add to your activities chart any new activities, projects, honors, or achievements - Track all hours spent working for pay, volunteering, and working in community activities
- Ask your counselor or ASPIRE coordinator for a list of local scholarships so you can begin to identify and work on scholarship essays apps
- If you've been in foster care, see if you are eligible for Chafee Education & Training Grant
- Attend an OSAC Finding Funds presentation or

Additional Resources: ASPIRE Checklists and ECMC Opportunities Checklists

October 2022

SUN	MON	TUE	WED	THU	FRI	SAT
*Note: Check all Institutional Scholarship deadlines at top choice schools						1 - SAT Testing Day - FAFSA/ORSAA Opens - PSU Scholarship App
2	3 PNACAC College Fair, Douglas County @Roseburg High School	4 PNACAC College Fair, Southern Oregon @ SOU	5 - Pacific University College Goal Oregon - EOU Foundation Scholarship Opens	6 - PCC Campuses— College Goal Oregon - PNACAC College Fair, Central Oregon @Redmond High School	7 - SAT Registration Deadline (11/5 Test) - ABC Craft Championships - OSU, Cascades Campus Preview Day	8 - OSU, Beaver Open House - EOU College Goal Oregon - Umqua CC College Goal Oregon
9 - PNACAC College Fair, Portland @ Lloyd Center - NACAC Virtual College Fair	10 - PNACAC College Fair @ Lloyd Center - Oregon Coast CC College Goal Oregon	11	12 - Blue Mountain CC, Scholarships Close	13 - Linfield University— College Goal Oregon - Oregon Coast CC College Goal Oregon	14 - WOU Fall Preview Day - OSU, Beaver Open House	15 WOU College Goal Oregon
16	17	18 - Mentor Connection at 10:30 AM OR 6:30 PM - Mentor Training Basics at 11:30 AM OR 7:30 PM	19	20 OSU-Cascades College Goal Oregon	21 - PCC, Sylvania Campus Preview Day	22 - ACT Test Date - Linn-Benton CC College Goal Oregon
23	24	25 SAT Late Registration Deadline (11/5 Test)	26	27	28	29
30	31					

NOVEMBER

FRESHMAN/SOPHOMORE

- Identify your interests and skills to help you focus on your goals — Take CareerOneStop.org Self-Assessments
- Explore career possibilities through CIS, Naviance, or College Navigator
- Consider taking career technical education courses offered at your HS to explore career pathways
- Begin researching colleges, universities, career-technical schools and their majors or fields of training
- Attend college fairs and career fairs

JUNIOR

- Consider how you can enhance skills that will be useful in a career of interest through your extracurricular, service, or HS classes you choose
- Meet with college admissions recruiters when they visit your HS—Ask questions, make an impression
- Begin to identify and narrow your college list
- Research college websites for admission requirements
- Become or stay involved in extracurricular activities
- Start your SAT or ACT preparation—practice tests and support can be found at sat.org & act.org
- Create a safe place to save your username/passwords (file, password safe app, etc.)
- Learn about the different types of Financial Aid: studentaid.gov/understand-aid/types
- Create an account in the OSAC Student Portal

SENIOR

- Complete the FAFSA (or the ORSAA, if DACA/undocumented)
- Review your Student Aid Report (SAR) and make any FAFSA corrections
- Look for opportunities to financial aid and scholarship workshops/events
- Attend college fairs and career fairs in your region or local community
- Attend college preview day events at your top college choices—get a feel for the campus, use the ASPIRE Campus Visit Questions resource
- Still unsure of where to apply? Research colleges, universities, career-technical schools and their fields of study
- Narrow down your list of colleges—if you have added a school to your list make sure you also add that school to your FAFSA/ORSAA
- Always note deadlines and events on your calendar, adding reminder notifications help
- Continue your work on college admissions and scholarship applications
- Make sure you look for additional scholarship applications at the schools you apply to. Many have additional applications, beyond the admissions application—Note deadlines and don't miss out!
- Make sure you always read, proofread, and have another person review your essays/applications before submitting
- Continue to submit completed college applications
- Fill out request forms for letters of recommendations to give to teachers, counselors, and/or employers. Give the letter writers at least 4 weeks advance notice.
- Private colleges: Find out if they require an additional financial aid application (the CSS Profile) and if they accept the Common Application (list at CommonApp.org)
- Oregon community colleges: All seniors should complete the Oregon Promise Grant application
- If you've been in foster care, see if you are eligible for Chafee Education & Training Grant
- Attend an OSAC Finding Funds presentation or watch the video online
- OSAC Scholarship Application opens Nov 1
- Create account in OSAC Student Portal
- OSAC Personal Statements and Activity Chart
- Continue to stay involved in extracurriculars
- Explore local, regional, and university scholarship opportunities

Additional Resources: ASPIRE Checklists and ECMC Opportunities Checklists

November 2022

SUN	MON	TUE	WED	THU	FRI	SAT
		1 - OSAC Scholarship Opens - Ford Family Foundation Scholarship Opens - PCC Foundation Scholarship Opens - Blue Mountain CC College Goal Oregon	2	3 SAT Registration Deadline (12/3 Test)	4 - Accessing Union Apprenticeships Educator Conference - ACT Registration Deadline (12/10 Test)	5 - SAT Testing Day - Mt Hood CC College Goal Oregon - OSU, Beaver Open House - OSU, Cascades Campus Preview Day
6 NACAC Virtual College Fair	7 Salem/Keizer College & Career Fair—Chemeketa CC	8	9	10	11 Late ACT Registration Deadline (12/10 Test)	12 PNACAC College Fair, Boise @ Boise State University
13	14	15 - Mentor Connection at 10:30 AM OR 6:30 PM - Mentor Training Basics at 11:30 AM OR 7:30 PM	16	17	18 - OSU, Beaver Open House - SOU Fall Preview Day	19 WOU Fall Preview Day
20	21	22 SAT Late Registration Deadline (12/3 Test)	23	24	25	26
27	28	29	30			

DECEMBER

FRESHMAN/SOPHOMORE

- Maintain your grades and school attendance
- Learn to ask questions in your classes, with your counselor/ASPIRE mentor. The most successful people ask questions
- Job Shadow: Spend a day with a family member, friend, or community member and learn about their job
- Talk to current college students about their path to college
- Consider taking virtual tours of college campuses at www.youvisit.com or www.ecampustours.com
- Begin to talk with your parents/guardians about future plans

JUNIOR

- Begin to consider who you will ask for recommendation letters (teachers, coaches, counselors, employers, etc.)
- Continue to use SAT Practice Question of the Day and ACT Question of the Day (email or mobile app)
- Stay active and involved and look for leadership opportunities
- Maintain your grades—colleges use transcripts from the end of junior year for admission decisions
- Continue to attend college visitation events at your school—ask questions to help you narrow your college choices
- Explore career possibilities in CIS, Naviance, or CollegeOneStop.org
- Match career interests to college majors and determine what schools have your program of interest
- Talk to current college students you know home on holiday break about their path to college

SENIOR

- Keep your social media clean, positive, and focused on family, positive relationships/activities and your personal accomplishments.
- Complete the FAFSA (or the ORSAA, if DACA/undocumented)
- Need assistance with your FAFSA/ORSAA? Attend an OSAC Webinar, or attend local College Goal Oregon or regional financial aid assistance events/workshops
- Use your holiday break wisely. Keep searching for scholarships—take time and care on your essays—this is how the scholarship committees get to know you
- Attend college admission visits at your school
- Order more official or unofficial transcripts as needed—use for college and scholarship apps
- Reevaluate your upcoming deadlines for admissions and scholarship applications over the holiday break
- Continue to submit your college applications
- Consider if you need additional or specific letters of recommendations for upcoming apps.
- Update your resume and activities chart
- Private colleges: Find out if they require an additional financial aid application (the CSS Profile) and if they accept the Common Application (list at CommonApp.org)
- If you've been in foster care, see if you are eligible for Chafee Education & Training Grant
- If you haven't create account in OSAC Student Portal: OregonStudentAid.gov
- Complete the Oregon Promise Grant application
- Start OSAC Personal Statements and Activity Chart
- Explore local, regional, and university scholarship opportunities
- Talk to current college students you know home on holiday break about their experiences in college
- Discuss your future goals and college plans with your parents. Begin the conversation of how you will pay for post HS education. Share the fields of study, colleges, universities, trades schools or military service you are considering.

Additional Resources: ASPIRE Checklists and ECMC Opportunities Checklists

December 2022

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2 - PCC, Southeast Campus Preview Day	3 SAT Testing Day
4	5	6	7	8	9	10 ACT Test Date
11	12	13 - Mentor Connection at 10:30 AM OR 6:30 PM - Mentor Training Basics at 11:30 AM OR 7:30 PM	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JANUARY

FRESHMAN/SOPHOMORE

- Sign up for SAT Practice Question of the Day and ACT Question of the Day (email or mobile app)
- Continue exploring career possibilities through CIS, Naviance, or CareerOneStop.org
- As you identify interests, explore different post-high school educational options (career-technical school, 2-year, 4-year, etc.). Determine what type of education is needed for careers you are interested in
- Research college/training school admission requirements to get an idea of what classes you need to take
- Talk with your HS counselor about taking AP, IB, or Dual Credit college courses to receive college credit
- Track your activities using the ASPIRE/OSAC Activities Chart: Keep track of all activities, clubs, community service, paid employment, awards, and leadership roles—note participation dates and involvement, etc.

JUNIOR

- Start gathering information on cost of attendance (COE) and financial aid options at schools of interest
- Continue practicing for the SAT and/or ACT
- Register to take ACT and/or SAT - take first tests during spring or summer so you have the opportunity to take it again in the fall senior year if you want. Though many schools are now test-optional it is still recommended.
- Narrow down your top educational options—Research colleges, universities, career-technical schools and their majors or fields of training
- If planning on attending a 4-year school, put together a list of 10 colleges of interest. Plan on applying to 3-6 schools during senior year, always include an Oregon community college.
- Research colleges' admissions requirements and note any additional courses or requirements you need to qualify
- Sign up for the College Board Big Future Scholarship where you could earn a scholarship for simply completing steps to plan for college: BigFuture.CollegeBoard.org
- Get more information on federal financial aid at: StudentAid.ed.gov
- Attend local financial aid nights/workshops/events or online webinars at OregonStudentAid.gov/Webinars, with a parent or guardian if possible
- Track your activities using the ASPIRE/OSAC Activities Chart: Keep track of all activities, clubs, community service, paid employment, awards, and leadership roles—note participation dates and involvement, etc.
- Open a bank or credit union account and save money for the future (college and living expenses)

SENIOR

- Submit applications to at least three colleges
- Check with colleges you have applied to make sure they have received all necessary documents. Continue to monitor applications
- Check your personal email regularly and respond to requests in a timely manner
- Attend scholarship workshops at your HS or attend online OSAC Scholarship webinar
- Complete the Oregon Promise Grant application
- If you haven't, complete the FAFSA (or the ORSAA, if DACA/undocumented)
- Apply for local, regional, and college scholarships
- Investigate private national scholarships and other student aid programs: CollegeBoard.org, JLV Counseling.com/ Scholarships, Fastweb.com and many more...
- Place all scholarship application deadlines on your calendar with reminder notifications
- Check your email and OSAC Student Portal for notifications
- If you've been in foster care, see if you are eligible for Chafee Education & Training Grant

Additional Resources: ASPIRE Checklists and ECMC Opportunities Checklists

January 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6 ACT Registration Deadline (2/11 Test)	7
8	9	10	11	12	13 PCC, Rock Creek Campus Preview Day	14
15 WOU Priority Admis- sion Deadline	16	17 - Mentor Connection at 10:30 AM OR 6:30 PM - Mentor Training Basics at 11:30 AM OR 7:30 PM	18	19	20 ACT Late Registration Dead- line (2/11 Test)	21
22	23	24	25	26	27	28
29	30 Clackamas CC Scholarship Round 1 App Opens	31				

FEBRUARY

FRESHMAN/SOPHOMORE

- Sign up for SAT Practice Question of the Day and ACT Question of the Day (email or mobile app)
- Continue exploring career possibilities through CIS, Naviance, or CareerOneStop.org
- Explore your different post-high school options (career-technical school, 2-year, 4-year, etc.) and see which seem like the best fit for you
- Plan ahead: if your family is traveling during spring break, consider scheduling college tours at nearby colleges
- Find a club, sport, or service opportunity that you enjoy and look for leadership opportunities
- Learn about types of scholarships and grants: findaid.org and oregonstudentaid.gov.
- Open a bank or credit union account and save money for the future (college and living expenses)

JUNIOR

- Keep practicing for college admissions tests using practice tests and SAT Practice Question of the Day and ACT Question of the Day (email or mobile app)
- If you haven't already, register to take ACT and/or SAT during the spring or summer so you have the opportunity to take it again in the fall senior year if you want
- Plan a test preparation schedule to be ready for taking SAT and/or ACT Go to SAT.org or ACT.org for more help
- Plan ahead: If your family is traveling during spring break, consider scheduling college tours at nearby colleges
- OR, consider taking virtual tours of college campuses at www.youvisit.com or www.ecampustours.com
- Attend campus preview days this spring, talk to your parents and make a plan for the campus visit
- Start seriously investigating private scholarships and other student aid programs: OregonStudentAid.gov, CollegeBoard.org, JLV Counseling.com/Scholarships, Fastweb.com and many more...
- Using your ASPIRE/OSAC Activities chart, start creating a rough draft of your résumé (extracurriculars, volunteerism, jobs, leadership roles, awards, etc.)
- If planning on attending a 4-year college or university, put together a list of 10 colleges of interest. Plan on applying to 3-6 schools during senior year.
- Consider a Job Shadow: Spend a day with a family member, friend, or community member— learn about their job
- Create account in OSAC Student Portal

SENIOR

- Request your high school sends your transcript for OSAC Scholarship Application
- Feb 15: Submit OSAC application by Early Bird deadline; includes Activity Chart, personal statements, and transcript
- Have a teacher ASPIRE mentor proofread your scholarship essays, activities chart/ resume before submission
- Check with colleges you have applied to make sure they have received all necessary documents.
- Check to see if mid-year transcripts have been sent to colleges applied to
- As you receive college award letters use the ASPIRE Understanding Award Offers Activity resource and review with counselor/mentor
- Don't stop! Continue to apply for local, regional, and college scholarships
- Complete work on OSAC Scholarship Application and submit to OSAC (Due March 1)
- Track scholarship application deadlines
- Check your email and OSAC Student Portal for notifications
- Make sure you are checking your college portals/emails for college "next steps"

Additional Resources: ASPIRE
Checklists and ECMC Opportunities

February 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1 - PSU Scholarship Deadline - PCC Foundation Scholarship Deadline - EOU Foundation Scholarship Deadline - SOU Priority Admission Deadline	2	3	4
5	6	7	8	9	10 SAT Registration Deadline (3/11 Test)	11 - ACT Test Date
12	13	14	15 OSAC Scholarship—Early Bird Deadline	16	17 SOU Preview Day	18
19	20	21 - Mentor Connection at 10:30 AM OR 6:30 PM - Mentor Training Basics at 11:30 AM OR 7:30 PM	22 NW Youth Careers Expo	23	24	25
26	27 Preview Day: SOU	28 SAT Late Registration Dead- line (3/11 Test)				

MARCH

FRESHMAN/SOPHOMORE

- Sophomores: review PSAT results
- Explore your different post-high school options (career-technical school, 2-year, 4-year, etc.) and see which seem like the best fit for you
- Research college/training school admission requirements to get an idea of what classes need to be taken soon
- Start creating a résumé that you can build on and add to throughout high school (classes taken, extracurriculars, volunteerism, jobs, leadership roles, awards, etc.)
- Those interested in a career in the trades explore community college and trade technical programs For more information: apprenticeshiporegon.org

JUNIOR

- Review PSAT results, if you have questions connect with your HS counselor
- With knowledge from PSAT results, plan a test preparation schedule to be ready for taking SAT and/or ACT
- If you haven't registered for the ACT and/or SAT, do that now. Suggestion: take 1st test in the spring or summer
- If you haven't, if you plan to attend a 4-year school, put together a list of 10 colleges of interest. Plan on applying to 3-6 schools during senior year—always include one Oregon community college
- Research the 17 Oregon Community Colleges in Oregon—See the ECMC Oregon Opportunities Workbook for info
- Those interested in a career in the trades explore community college and trade technical programs For more information: ApprenticeshipOregon.org
- Still not sure about a future career? Take an online career inventory to help connect your interests and skills with a career: RoadtripNation.com/edu/careerfinder or assessments at CareerOneStop.org
- Start seriously investigating private scholarships and other student aid programs: OregonStudentAid.gov, CollegeBoard.org, JLVCounseling.com/Scholarships, Fastweb.com and many more...
- Volunteer in a field you may enjoy or a career field that is of interest to you
- Start working on OSAC personal statements and continue building your ASPIRE/OSAC activity chart
- Start creating a rough draft of your résumé (extracurriculars, volunteerism, jobs, leadership roles, awards, etc.)
- Learn how money works; take a financial literacy course: www.fdic.gov/moneysmart
- Start gathering information on your top choice college costs and include your parents/guardian in financial planning

SENIOR

- Visit your top choice colleges during spring break to help you narrow your decision—make sure to talk with them about your financial award
- Submit OSAC application by final deadline of March 1; includes Activity Chart, personal statements, and transcript
- Complete the ASPIRE Senior Exit Survey
- Keep up your grades—college admissions are conditional and can be rescinded if you do not continue academic excellence
- Check with colleges you have applied to make sure they have received all necessary documents. Continue to monitor applications
- Make sure mid-year transcripts have been sent to colleges applied to
- Oregon community colleges: Complete the Oregon Promise Grant application
- Make sure you have completed the FAFSA or ORSAA financial aid application
- Keep applying for local, regional, and college scholarships!
- Check your personal, college emails, and OSAC Student Portal for notifications
- Learn how money works; take a financial literacy course: www.fdic.gov/moneysmart

Additional Resources: ASPIRE Checklists and ECMC Opportunities Checklists

March 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1 - OSAC Scholarship Application Deadline - OIT Priority Deadline for Admissions Scholarships - Blue Mountain CC Scholarships Open	2	3	4
5	6	7	8	9	10 ACT Registration Deadline (4/15 Test)	11 SAT Testing Day
12	13	14	15 SOU Scholarship Application Deadline	16	17	18
19	20	21 - Mentor Connection at 10:30 AM OR 6:30 PM - Mentor Training Basics at 11:30 AM OR 7:30 PM	22	23	24 Late Registration Deadline (4/15 Test)	25
26	27	28	29	30	31	

APRIL

FRESHMAN/SOPHOMORE

- Meet with a school counselor to research classes. Consider registering for challenging classes.
- Continue to explore career interests and which schools offer programs in that field of study
- Continue to add to your activities chart any new activities, projects, honors, or achievements
- Volunteer in a field you may enjoy or a career field that is of interest to you
- Consider getting a summer job to increase your experience and knowledge
- Explore summer opportunities—be mindful of application deadlines. Consider employment, academic enrichment programs, summer workshops, service learning, travel, camps, internship, etc.

JUNIOR

- Prepare for upcoming Advanced Placement (AP) exams or International Baccalaureate (IB) tests
- Continue to research schools of interest and narrow down list of good fit choices
- Review your high school transcript. Are you on track for graduation?
- Register and take the ACT and/or SAT
- Meet with school counselor and register for challenging classes
- Continue to explore career interests and which schools offer programs in that area
- If you haven't already, create an account in the OSAC Student Portal
- Create an FSA ID: fsaid.ed.gov—Both student and one parent must have a FSA ID to electronically sign the FAFSA application in fall of senior year.
- Explore summer opportunities—be mindful of application deadlines. Consider employment, academic enrichment programs, summer workshops, service learning, travel, camps, internship, etc.

SENIOR

- Complete the ASPIRE Senior Exit Survey
- If you are on a college wait list, notify that school if you are still interested in attending
- Keep applying for any scholarships available—investigate private national scholarships and other student aid programs: CollegeBoard.org, JLVCounseling.com/Scholarships, Fastweb.com and many more...
- Submit any requested tax forms or other documentation to the college financial aid office
- Check your email and OSAC Student Portal for notifications
- Write thank you notes to scholarship donors and those who have assisted you in your college planning process (teachers, coaches, mentors, etc)
- If you have not—complete FAFSA/ORSAA & Oregon Promise applications
- If community college bound, take placement test
- Compare all financial aid awards to determine best financial fit for you and your family
- Create a college budget and discuss your college options with your family
- Accept financial aid offer from the college you will be attending (Required by May 1 at most colleges)

Additional Resources: ASPIRE Checklists and ECMC Opportunities Checklists

April 2023

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7 - SAT Registration Deadline (5/6 Test) - SOU Preview Day	8
9	10	11	12	13	14 Clackamas CC, Round 1 Scholarship App Closes	15 ACT Test Date
16	17	18 - Mentor Connection at 10:30 AM OR 6:30 PM - Mentor Training Basics at 11:30 AM OR 7:30 PM	19	20	21 PCC, Cascade Campus Preview Day	22
23	24	25 SAT Late Registration Deadline (5/6 Test)	26	27	28	29
30						

MAY

FRESHMAN/SOPHOMORE

- Consider your social media footprint. Always be positive and professional when using social media. Colleges, scholarship committees and employers often review an applicant's social media
- Continue to explore career interests and which schools offer programs in that field of study
- Continue to add to your resume or portfolio any new activities, projects, honors, or achievements
- Start your SAT or ACT preparation—practice tests and support can be found at sat.org & act.org
- Update your Activities chart—list all clubs, service, activities, employment and leadership
- Finalize summer plans

JUNIOR

- Explore summer opportunities—be mindful of application deadlines. Consider employment, academic enrichment programs, summer workshops, service learning, travel, camps, internship)
- Still need to register to take the ACT and/or SAT test—now is the time!
- Take your Advanced Placement (AP) and International Baccalaureate (IB) Test, if applicable
- Visit college campuses on preview days or a schedule a tour for this summer. If you can't get to campus consider virtual college fairs and campus tours: campustours.com, youvisit.com, ecampustours.com
- Discuss your future goals and college plans with your parents. Begin the conversation of how you will pay for post HS education. Share the fields of study, colleges, universities, trades schools or military service you are considering.
- If you haven't, create a safe place to save your username/passwords (file or password safe app)
- Create a Common App Account: CommonApp.org - Use this one application to apply to multiple colleges/universities through this online college application platform
- Ask your counselor or ASPIRE coordinator for a list of local scholarships so you can work on scholarship essays over the summer

SENIOR

- May 1 is National Decision day
- Take your AP and IB tests to receive college credit
- If you are attending a 4-year college and living on campus, make sure to complete housing registration materials
- Submit any requested tax forms or other documentations to the college financial aid office and order a Tax Transcript if your FAFSA is under review irs.gov/individuals/get-transcript
- Accept financial aid offer from the college you will be attending
- Complete Oregon Promise application (community college applicants)
- Notify all schools of your decision
- Check your email and OSAC Student Portal for notifications
- Complete the FAFSA or ORSAA
- Write thank you notes to scholarship donors
- If community college bound, take placement test
- Continue logging into your OSAC student account to check for notifications and/or scholarship awards
- Sign into your college student portal and review your task list and deadlines

Additional Resources: ASPIRE Checklists and
ECMC Opportunities Checklists

May 2023

SUN	MON	TUE	WED	THU	FRI	SAT
	1 National College Decision Day	2	3	4 SAT Registration Deadline (6/3 Test)	5 ACT Registration Deadline (6/10 Test)	6 SAT Testing Day
7	8	9	10	11	12	13
14	15	16 - Mentor Connection at 10:30 AM OR 6:30 PM - Mentor Training Basics at 11:30 AM OR 7:30 PM	17	18	19 ACT Late Registration Deadline (6/10 Test)	20
21	22	23 SAT Late Registration Deadline (5/6 Test)	24	25	26	27
28	29	30	31			

JUNE

FRESHMAN/SOPHOMORE

- Visit college campuses on preview days or a schedule a tour. If you can't get to campus consider virtual college fairs and campus tours: campustours.com, youvisit.com, ecampustours.com
- Contact business owners and professionals in your area to inquire about job shadowing opportunities
- Continue to track your activities: paid work, community service, and other summer activities
- Volunteer in a field you may enjoy or in a career field that is of interest to you
- Sophomores: Spend time studying for your PSAT (fall JR Year) - strong performance on this test may qualify you for National Merit Scholarships
- Continue to discuss your future goals and college plans with your parents. It is important to begin the conversation of how you will pay for post HS education. Share the fields of study, colleges, universities, trades schools or military service you are considering.
- Learn about types of scholarships and grants: finaid.org and oregonstudentaid.gov

JUNIOR

- Ask your counselor or ASPIRE coordinator for a list of local scholarships so you can work on scholarship essays over the summer
- Visit college campuses
- Continue to add to your activities chart any new activities, projects, honors, or achievements - Track all hours spent working for pay, volunteering, and working in community activities
- Go to the ASPIRE website to learn about how to write successful college application essays
- Begin working on your admissions application essays. Go to college websites and/or Commonapp.org to find essay prompts
- Talk with professionals in careers you are curious about and ask about their work. You may request a formalized informational interview. Make sure you bring a list of questions
- Contact business owners and professionals in your area to inquire about job shadowing opportunities
- Get an FSA ID: fsaid.ed.gov

SENIOR

- Congratulations—You have Graduated!!!
- Request your final transcript be sent to your college choice from your HS registrar before college deadline
- Check your college portal and respond to all mail/email from your selected college
- If requested, send your selected college's financial aid office a copy of your diploma or transcript with graduation date
- Complete the FAFSA or ORSAA
- Register for housing, orientation and classes
- Identify when college orientation dates are and make arrangements to attend
- Continue logging into your OSAC student account to check for notifications and/or scholarship awards
- Make a doctors appointment to get all your vaccines up to date—many colleges require proof of vaccinations
- Get a summer job and save money for college expenses

Additional Resources: ASPIRE Checklists and ECMC Opportunities Checklists

June 2023

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3 - SAT Testing Day - PNACAC College Fair @ Roseburg HS
4 PNACAC College Fair @ SOU	5	6 PNACAC College Fair @ Redmond—Location TBD	7 PNACAC College Fair @ UofO	8	9	10 ACT Test Date
11 SOU Preview Day	12	13	14	15	16 ACT Registration Deadline (7/15 Test)	17
18	19	20	21	22	23 ACT Late Registration Dead- line (7/15 Test)	24
25	26	27	28	29	30	

JULY

FRESHMAN/SOPHOMORE

- Reading books during the summer is a great way to increase your vocabulary and knowledge that will help you on college placement tests
- Find community service opportunities in your local community or create your own (inviting friends and family to participate) - Looks great on college/scholarship/employment applications
- Continue to explore career interests and which schools offer programs in that field of study
- Informational interviews can be a great way to learn more about what a job is really like in the workplace. Come prepared with questions, If interview is in person, dress professionally. Or appropriate to the job environment Family, friends, counselors, and teachers may have contacts to consider.
- Continue to add to your activities chart any new activities, service, work experience, and achievements
- Volunteer in a field you may enjoy or in a career field that is of interest to you

JUNIOR

- Find community service opportunities in your local community or create your own (inviting friends and family to participate) - Looks great on college/scholarship/employment applications
- Visit college campuses during your summer break
- Contact business owners and professionals in your area to inquire about job shadowing opportunities
- Take some time to research additional scholarships you can apply for your senior year—this month focus on local and regional community scholarships
- Keep your social media clean, positive, and focused on family, positive relationships/activities and your personal accomplishments.
- Continue to add to your resume or portfolio any new activities, honors, or achievements
- Volunteer in a field you may enjoy or in a career field that is of interest to you
- It's time to get organized: Identify how you plan to track your important senior events, application and scholarship deadlines and lists of things you need to accomplish over the next few months. Suggestion: Create a Google Calendar and start placing known deadlines and events on your calendar. Example: October 1—FAFSA/ORSAA Financial Aid Application opens

SENIOR

- Verify your final transcript was received
- Respond to all communication from your selected college
- Re-visit your budget and plan your payments; tuition payments are due at the beginning of the semester or term—so research payment options now
- Make travel arrangements if you are going away to college—talk with your family about whether you plan to return for breaks
- Make time this summer to connect with HS friends and family
- Continue to work to earn money for your fall expenses
- Review your finances—if taking loans make sure you understand the responsibility and loan process studentaid.gov/understand-aid/types/loans

Additional Resources: ASPIRE Checklists and ECMC Opportunities Checklists

July 2023

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15 - ACT Test Date - Gates Scholarship opens
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

AUGUST

FRESHMAN/SOPHOMORE

- Sophomores: consider taking the ASVAB Aptitude Test
- Visit college campuses on preview days or a schedule a tour. If you can't get to campus consider virtual college fairs and campus tours: campustours.com, youvisit.com, ecampustours.com
- Contact business owners and professionals in your area to inquire about job shadow opportunities
- Track all hours spent working for pay, volunteering, and working in community activities
- Continue to add to your activities chart any new activities, service, work experience, and achievements
- Volunteer in a field you may enjoy or in a career field that is of interest to you
- Take an interest inventory—it expands your ideas for careers you may enjoy— roadtripnation.com/edu/careerfinder
- Use the tools found on the College Affordability and Transparency Center Website (collegecost.ed.gov) to compare and estimate your college costs at schools you are considering.

JUNIOR

- Continue identifying scholarships you are eligible to apply for
- Common App opens August 1 - Begin applying to your top choice colleges/universities
- Keep adding application and scholarship deadlines and college/future planning related events to your calendar - Set reminders
- Review your 1st ACT and/or SAT Scores—determine if you would like to re-test. If so, do that now
- Request unofficial and official transcripts from your high school registrar—you will need both types depending on the application. College Admissions typically wants Official transcripts, scholarships applications may only require unofficial. Have several on hand to use through fall semester as needed
- Create a specific scholarship activities resume and/or “brag sheet” that includes all your non-academic activities and honors. Give this document to individuals you choose to write your letters of recommendation
- Identify 2-3 individuals you would like to ask to write general letters of recommendation for you (teachers, coaches, counselors, ASPIRE mentors, employers, community, or youth group leaders)
- Identify which applications require recommendation letters

SENIOR

- Spend time with your family and friends - if you will be leaving for home set expectations for while you are in college on how and when you will communicate during the school year
- Register for your fall college classes
- Attend your college orientation
- Connect with other students attending your college of choice through college apps, or when you meet at orientation
- Identify college clubs, activities or service opportunities you want to participate in during your college experience
- If you are leaving for college, review college checklist of items you need to bring to campus (and those things they want you to leave at home)
- Continue logging into your OSAC student account to check for notifications and/or scholarship awards
- Gather any last minute documents requested by your college and send/take them to the appropriate offices
- Have a wonderful time settling into your new college experience

Additional Resources: ASPIRE Checklists and ECMC Opportunities Checklists

August 2023

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Common App Opens	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		