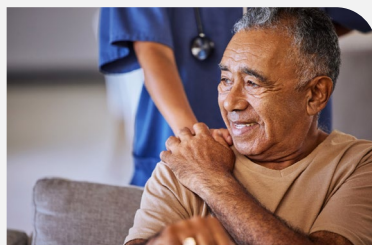


**OREGON CARE
CAREERS**



Opportunities in Long-Term Care

Leading Students Entering the
Workforce toward Fulfilling Careers



The Common Comments We All Hear

"I want to help people, but I don't want to be in school forever. How can I get a job in healthcare?"

"Being a doctor sounds great, but it is filled with piles of debt."

"I want a real paycheck and a place to grow."

"Can you help me find a role that offers on-the-job training?"

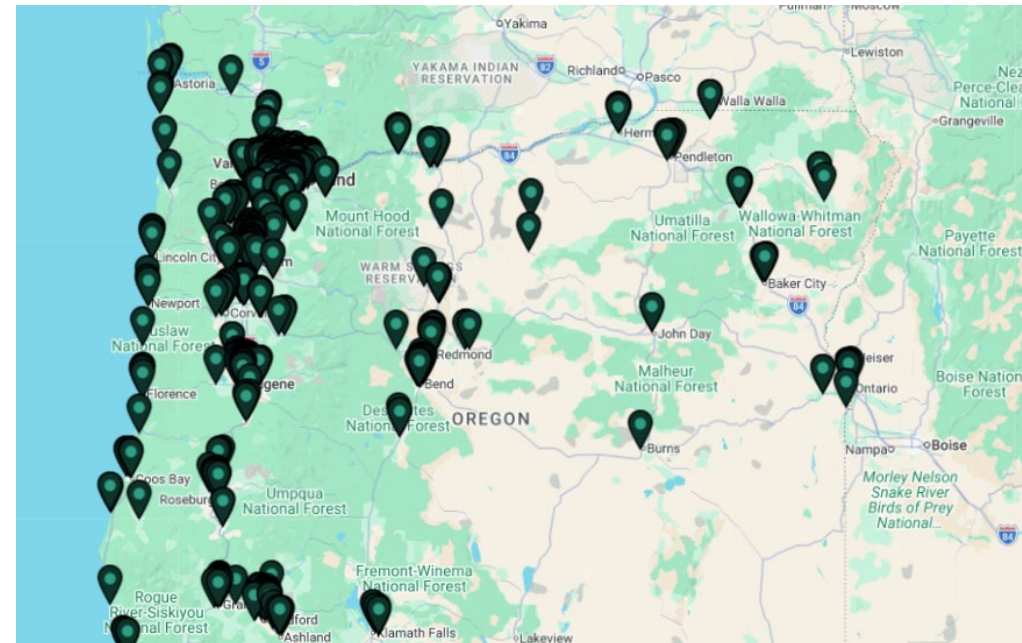
"I don't know what I want to do."



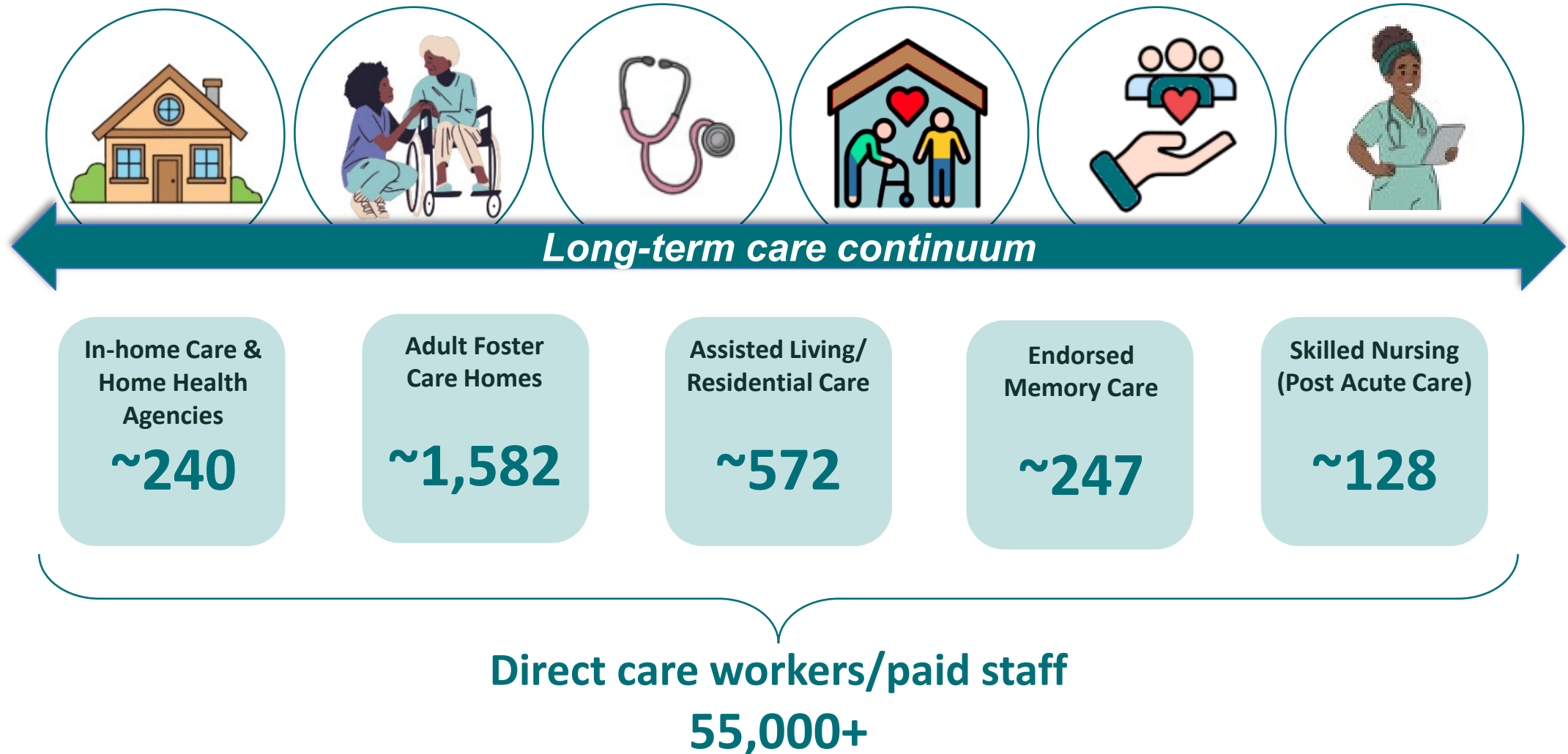


What is Long-Term Care

Community-based care settings provide individualized health and personal care services in a home-like environment.



Oregon Care Environments



Source: Oregon Employment Department

Connecting to Long-Term Care

Gain Work Experience as a Student

- Kitchen staff can start as early as 14 in some communities
- CNA training available at 16 (with parent approval)

Hands-On Work Not a Desk Job

- Facility Maintenance
- Foodservice
- Activities and Life Enrichment
- Direct Care Work
- Nursing
- Physical and Occupational Therapy

Jobs Available After Graduation (no degree necessary)

- Receptionist
- Direct Care Worker
- Dietary Aide
- Dishwasher
- Transportation
- Environmental Services
- Housekeeping

Room to Grow

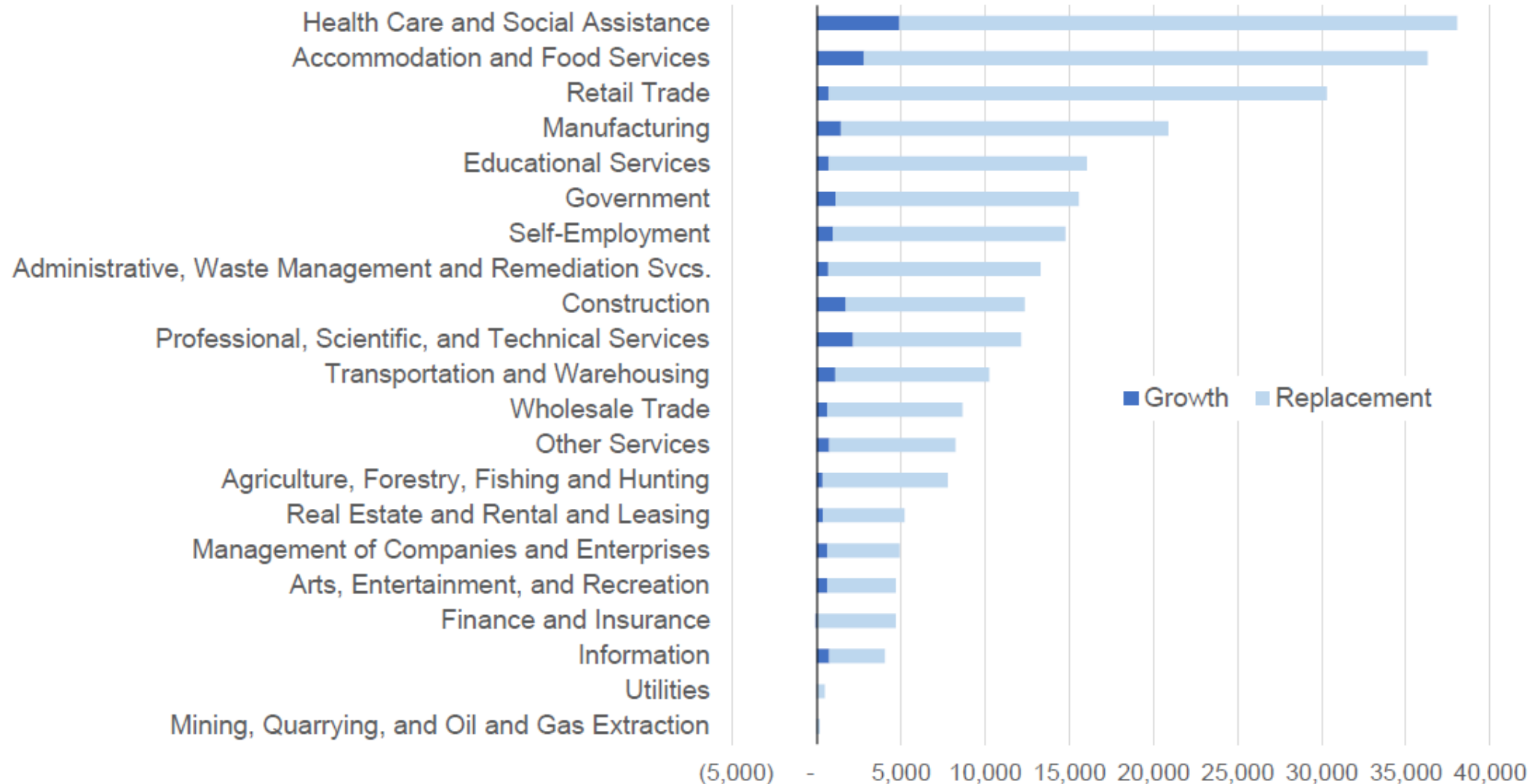
- Stackable credentials
- Lateral and Vertical opportunities
- Explore across departments



The Oregon Opportunity

- 1 out of every 5 new jobs added in Oregon by 2033 will be in health care and social assistance.
- LTC jobs are expected to **grow 13%** over the next 8 years
 - Manufacturing – 2%
 - Construction – 10%
 - Leisure & Hospitality – 9%
 - Hospitals 7%
- Oregon ranks as a top 5 state for direct care workers per PHI's Direct Care Workforce State Index

2022 -2032 Projected Annual Openings by Industry in Oregon



Source: Oregon Employment Department

Career Pathways



RESIDENT CARE & NURSING

- Direct Care Worker
- Medication Technician
- Certified Nurse Assistant (CNA)
- Certified Medication Aid (CMA)
- Licensed Practical Nurse (LPN)
- Registered Nurse (RN)
- Director of Nursing (DON)



CARE COORDINATION & ACTIVITIES

- Resident Care Coordinator
- Resident Care Manager
- Registered Dietitian
- Licensed Social Worker
- Activities Assistant
- Activities Director



FOODSERVICE

- Dietary Aide/Server
- Dishwasher
- Prep Cook
- Line Cook
- Executive Chef
- Director of Dining Services



SUPPORT SERVICES

- Housekeeper
- Maintenance Technician
- Environmental Services Director



LEADERSHIP & MORE

- Community-Based Care Administrator
- Skilled Nursing Administrator in Training
- Skilled Nursing Administrator
- Business Office Manager
- Community Relations Coordinator

Nursing Pathway

1

Direct Care Worker

- No previous training required
- Annual Salary Range: \$39,700 - \$49,700

2

Certified Nursing Assistant (CNA)

- Training Time: 4-6 weeks
- Annual Salary Range: \$46,700 - \$55,200

3

Licensed Practical Nurse (LPN)

- Training Time: 13 months, Associate's Degree Required
- Annual Salary Range: \$75,300 - \$88,700

4

Registered Nurse (RN)

- Training Time: 12 months – 3 years, Bachelor's Degree required
- Annual Salary Range: \$115,300 - \$131,500

5

Director of Nursing (DON)

- Training Time: varies with years of RN experience, Bachelor's Degree required
- Annual Salary Range: \$139,000 - \$185,900

Foodservice Pathway

1

Dietary Aide/Dishwasher

- No previous training required
- Annual Salary Range: \$36,200 - \$42,700

2

Cook

- Training Time: No training needed – 2 years foodservice experience
- Annual Salary Range: \$40,300 - \$48,300

3

Executive Chef/Dining
Manager

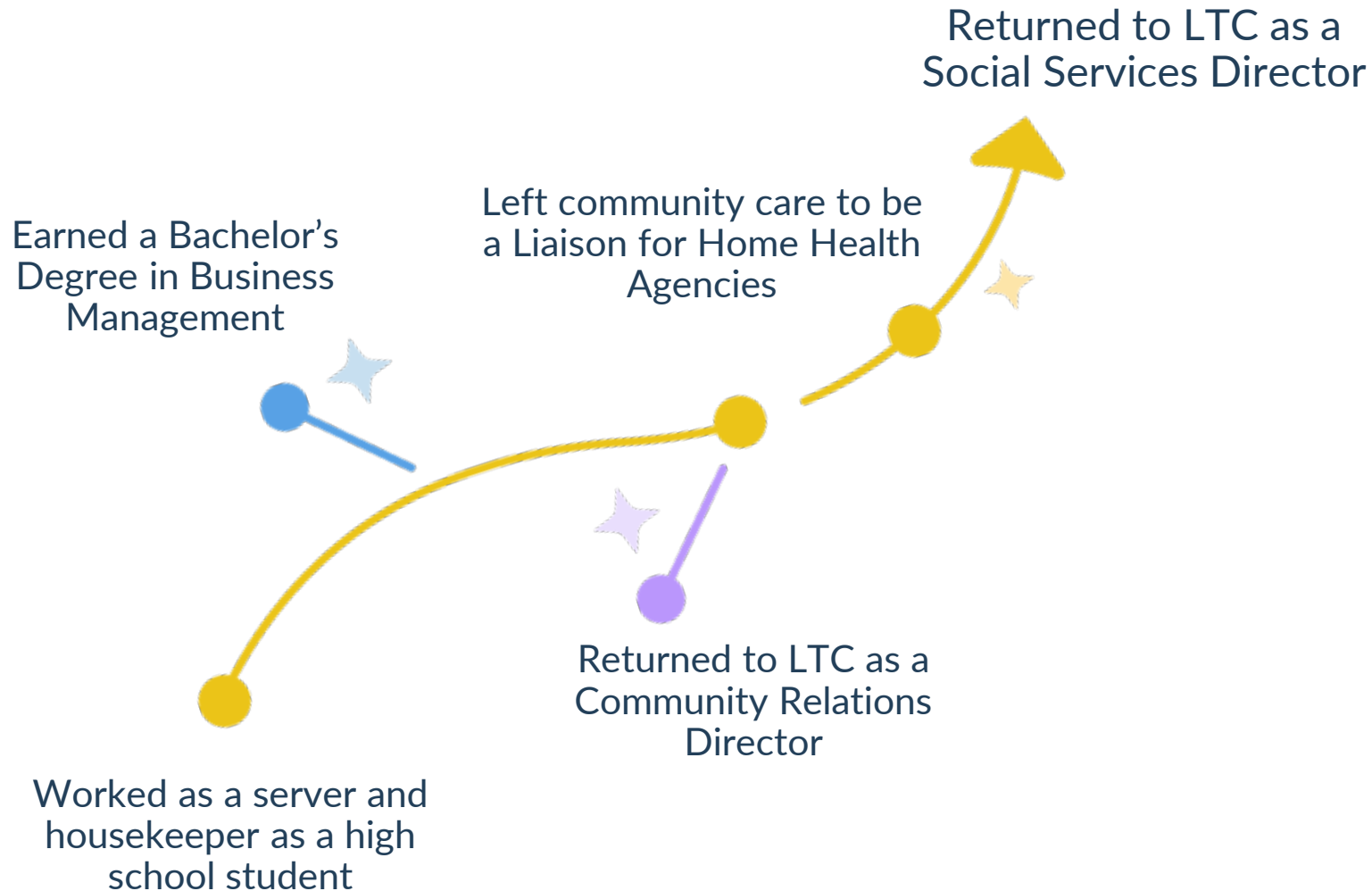
- Training Time: 3 – 4 years, Bachelor's Degree (requirement varies)
- Annual Salary Range: \$62,500 - \$74,000

4

Registered Dietician (RD)

- Training Time: 4 – 5 years, Bachelor's Degree required
- Annual Salary Range: \$76,000 - \$93,000

Tracey Berg



Introducing Oregon Care Careers

We connect Oregonians with meaningful career opportunities in long-term care by providing quality information, free career guidance, and job seeker support.

- Personalized Support
- Career Planning
- Job Searches
- Employer Location
- Career Stories
- Resume Review
- Interview Prep
- Resource Connection
- Job Board
- CNA Training Program Database

Explore with Oregon Care Careers



Class Presentations

Zero Cost
Virtual Options



Online Resources

Career Stories
Appointment Scheduler
Employer Locator Map
CNA Training Program Database
Care Pathways



One-on-One Guidance

Mock Interviews
Resume Support
Resource Connection
Career Exploration
Job Seeker Mentoring

Contact Us

We look forward to working together!

Jessica Lawrence | Long-Term Care Career Guide

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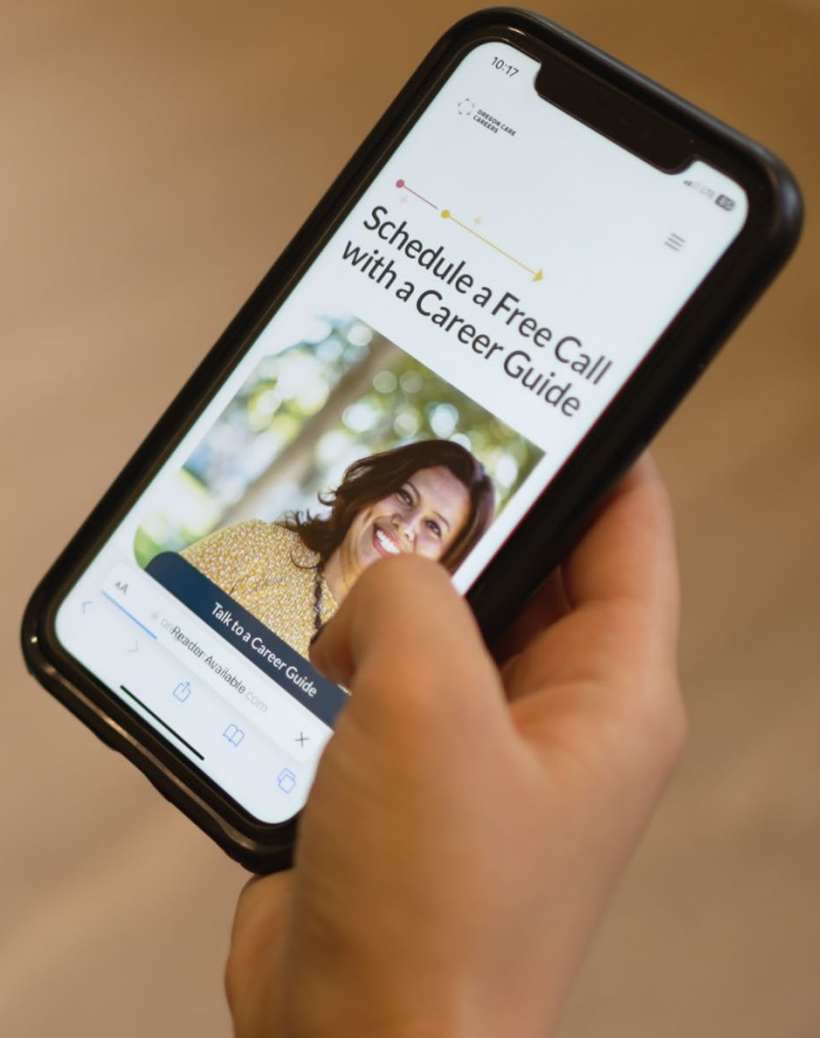
503-726-5255

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Thank you!